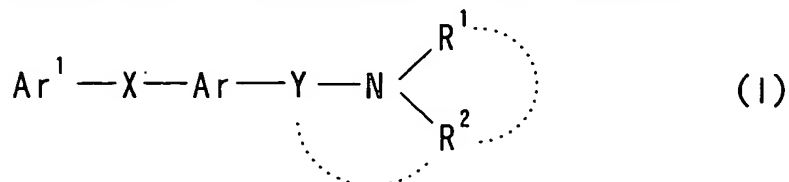


## ABSTRACT

5 A melanin-concentrating hormone antagonist which  
comprises a compound of the formula :



wherein Ar<sup>1</sup> is a cyclic group which may have substituents;  
X is a spacer having a main chain of 1 to 6 atoms;  
Y is a bond or a spacer having a main chain of 1 to 6 atoms;  
10 Ar is a monocyclic aromatic ring which may be condensed with  
a 4 to 8 membered non-aromatic ring, and may have further  
substituents;  
R<sup>1</sup> and R<sup>2</sup> are independently hydrogen atom or a hydrocarbon  
group which may have substituents; R<sup>1</sup> and R<sup>2</sup>, together with  
15 the adjacent nitrogen atom, may form a nitrogen-containing  
hetero ring which may have substituents; R<sup>2</sup> may form a spiro  
ring together with Ar; or R<sup>2</sup>, together with the adjacent  
nitrogen atom and Y, may form a nitrogen-containing hetero  
ring which may have substituents; or a salt thereof;  
20 which is useful as an agent for preventing or treating  
obesity, etc.